

Mile	For	Instruction
0.0	0.1	Depart: Amtrak Station at 26701 Verdugo St, San Juan Capistrano, CA. Opens at 8:00am
0.1	3.0	Turn RIGHT on Camino Capistrano, heading south.
3.1	5.3	Road bends to the left and becomes Coast Hwy, then becomes El Camino Real in San Clemente.
8.4	0.1	Turn RIGHT on W Avenida Valencia (If you ride under I-5, you've gone too far.)
8.5	1.8	Turn LEFT on Avenida Del Presidente. Make sure you stop for stop signs.
10.3	0.0	Turn LEFT onto Cristianitos Rd
10.3	1.0	Turn RIGHT onto Bike Path to San Onofre State Park / Campground
11.3	7.7	At the fork in the bike path, take the left path, exit the bike path (through the fence) and merge South onto Old Pacific Hwy
19.0	1.6	Take a LEFT to go through the Tank Tunnel. Watch out for muddy/slippery conditions in the tunnel. After leaving the Tank Tunnel, bear RIGHT to stay on the bike path.
20.6	0.1	Turn RIGHT onto Las Pulgas Rd
20.7	7.5	Turn LEFT (South) onto I-5. Exit the freeway at the rest stop.
28.2	0.3	Depart I-5 at the Harbor Drive/Camp Pendleton exit.
28.5	0.7	Continue South on North Coast Hwy..
29.2	0.2	Turn RIGHT on Neptune Way
29.4	0.1	Turn LEFT on Cleveland Street
29.5	0.1	Turn RIGHT on Surfrider Way
29.6	2.1	Turn LEFT on Pacific Street
31.7	0.1	Turn LEFT on Cassidy Street
31.8	0.4	Turn RIGHT on Broadway
32.2	0.1	Turn LEFT on Eaton Street
32.3	3.5	Turn RIGHT on S Coast Hwy
35.8	6.4	Bear RIGHT onto Carlsbad Blvd, and do not take Palomar Rd
42.2	11.1	Control #1: Get receipt in Encinitas at any business on Coast Highway. Must be south of Encinitas Blvd. Continue south on Coast Highway. Control is open from 10:00 to 12:32
53.3	1.6	Turn Right to stay on North Torrey Pines Road. Do not continue on Genesee Avenue!
54.9	0.1	Road name changes to La Jolla Village Drive.
55.0	0.2	Bear RIGHT to take Gilman Street Exit.
55.2	1.6	Turn Right on Gilman Street
56.8	1.1	Immediately after passing under I-5, enter the Rose Canyon Bike Path on far side of intersection.
57.9	2.0	Rose Canyon Bike Path becomes Santa Fe Street.
59.9	0.2	Turn RIGHT on Damon Avenue
60.1	0.8	Turn LEFT On Mission Bay Drive (Watch out for traffic)
60.9	0.0	Take E Mission Bay Dr. Exit. Do not get onto I-5
60.9	2.4	Turn Left (South) on E Mission Bay Drive
63.3	1.0	Road Name change to Pacific Coast Highway, after crossing Sea World Drive.
64.3	0.1	Turn LEFT on Taylor Street (Important!!)
64.4	1.1	Turn RIGHT on Congress Street, merges into San Diego Avenue.
65.5	0.2	Turn RIGHT on Noell Street, go under I-5
65.7	0.2	Turn LEFT on Pacific Coast Highway frontage road.
65.9	0.1	Turn RIGHT on Washington Street, go under overpass, toward airport.
66.0	1.7	Turn LEFT onto Pacific Coast Highway, do not enter airport cargo area.
67.7	0.1	Turn LEFT on Ash St.
67.8	0.2	Turn RIGHT on Kettner Blvd. After a quarter mile, you'll see the Amtrak Station on your right. Go inside the station and look off to your left to see a coffee and food cart. The person checking in riders will be at a table near the food cart.
68.0		Finish at Amtrak Station, 1050 Kettner Blvd., San Diego, CA 92101, Control is open from 11:11 to 15:12.