

San Diego North to South 200K Brevet  
Sandy Aniya 760-505-7345

MILE	GO	FOR	INSTRUCTION
0.0	START	0.0	Mance Buchannon Park, 425 College Blvd, Oceanside, CA. (7:00am Start) Exit parking lot to SLR bike path
0.0	Left	1.7	Head west. San Luis Rey River Trail
1.7	Right	5.6	Bear RIGHT at each of 3 underpass ahead.
7.3	Right	0.4	Cleveland St (Exit Bike Path then turn right)
7.7	<b>CONTROL #1</b>	0.1	<b>Pierview Market</b> 218 N Cleveland St, Oceanside Continue straight on Cleveland St
7.8	Right	0.1	Mission Ave
7.9	Left	1.7	Pacific St
9.6	Left	0.1	Cassidy St
9.7	Right	0.3	Broadway
10.0	Straight	0.1	Straight on Broadway St
10.1	Left	0.1	Eaton
10.2	Right	0.4	Coast Hwy
10.6	Straight	9.9	At the traffic circle, Slight Right stay on Coast Hwy
20.5	<b>Restroom</b>	10.6	<b>Restroom at Swami's State Park-optional</b>
31.1	Right	1.7	Torrey Pines Rd
32.8	Right	0.2	(after curve) <b>Down ramp to Gilman Dr</b>
33.0	Right	1.6	Gilman Dr
34.6	Right	1.1	Ride under I-5, cross intersection, immediately enter <b>Rose Canyon Bike Path</b> at sidewalk on Right
35.7	Straight	2.0	Exit bike path onto Sante Fe St, continue straight
37.7	Right	0.2	Damon Ave
37.9	Straight	0.2	Straight across intersection then DOWN STAIRS
38.1	Right	0.3	Stay right for two underpass, caution narrow and bumpy
38.4	Right	0.4	Turn right at opening in the fence
38.8	Right	0.1	Mission Bay Dr (west)
38.9	Straight	0.4	Cross bridge
39.3	Straight	0.6	Straight on Pacific Beach Dr
39.9	Straight	1.1	Stay on Pacific Beach Dr (west)
40.9	Left	1.3	Mission Blvd (south)
42.2	Left	0.1	Mission Bay Dr (east)
42.3	Right	0.0	Mariners Way, Enter Bonita Cove Park
42.3	<b>CONTROL #2</b>	0.1	<b>CONTROL: Bonita Cove Park</b> 1100 W. Mission Bay Dr. Mission Beach, CA (Open 09:00 Close 11:32) Restrooms
42.4	RR	0.8	Exit parking lot, Right on Mission Bay Dr (east)
43.2	Right	0.0	Quivira Access (right then quick left)
43.2	Left	0.6	Immediate Left on Quivira Rd
43.8	Left	0.3	As road curves to the right, go <b>Left up hill on marked Bike Path,</b> Cross on bridge
44.1	Right	0.0	Turn Right-Immediately at end of bridge head down ramp

44.1	Right	0.6	U-Turn Right proceed under bridge (head east)
44.8	Left	1.3	Keep left underpass
46.0	Right	0.0	go under Hwy-5 underpasses, then Right to exit bike path at Pacific hwy
46.1	Right	1.1	Pacific Hwy (south)
47.1	Caution	0.5	Caution Merging Traffic after underpass
47.7	Right	2.6	Bear Right at Washington St off ramp, Straight ahead back onto Pacific Hwy (Safety First)
50.2	Left	4.8	Harbor Dr (south-east)
55.0	Right	0.3	Civic Center Dr becomes Tidelands
55.3	Caution	0.8	Caution crossing Railroad Tacks
56.2	Left	0.2	w 32nd St (east) turn before entering Pepper Park <b>Restrooms in Pepper Park - optional</b>
56.4	Straight	0.4	Enter Bike Path, straight ahead. BP bends right, then left along river for very short distance.
56.7	Left	0.9	Hard left, <b>before HWY-5 underpass</b> , ride on Gordy Shields bridge over river
57.6	Straight	2.6	Exit Bike Path at Gunpowder Point Dr, Head straight (south) on Bay Blvd
60.2	Left	0.7	Stella St/ Frontage Road
60.9	Right	1.9	Right at Stop sign Bayshore Bikeway (enter between chain link fence on both sides)
62.8	Left	0.3	Exit Bike path onto 7th St, (last street before path starts heading north)
63.1	Straight	0.2	Straight across intersection at SR 75
63.3	Right	0.3	Palm Ave
63.6	Left	0.2	5th Street
<b>63.8</b>	<b>CONTROL #3</b>	0.2	<b>Valdez-Imperial Beach(Open10:01Close13:51) on left 606 Spruce Street</b> Reverse direction on Spruce Street
64.0	Right	0.1	5th Street
64.1	Right	0.3	Palm Ave
64.4	Left	0.5	7th Street
64.9	Right	1.8	Bayshore Bikeway
66.7	Left	0.7	Exit Bike Path (North) on Frontage Rd
67.4	Right	2.7	Bay Blvd (north)
70.1	Left	0.9	Enter Bike Path on the left side of street at Gunpowder Point Dr
71.0	Right	0.3	Hard right to stay on Bayshore Bikeway
71.3	Straight	0.2	Exit Bike Path, Straight on 32nd St (west)
71.5	Right	0.9	Tidelands Ave (North-west) <b>Restroom at Pepper Park - optional</b>
72.4	Caution	0.5	Caution crossing Railroad Tacks
72.9	Left	4.6	Harbor Dr
77.5	Right	2.3	Pacific
79.8	Right	0.5	Frontage Rd / Washington
80.3	Left	0.1	Couts St (entrance to Pacific Hwy)
80.4	Right	1.3	Pacific Hwy
81.7	Right	0.0	Enter Ocean Beach Bike Path, after Hwy-8 underpass (Secure Self Storage Sign)
81.7	Left	1.9	Left - Pacific Hwy underpass

83.6	Right	0.1	Slight right Sunset Cliffs underpass
83.7	Left	0.0	Left U turn up to bridge
83.7	Left	0.3	Left - Cross on Bridge (two way bike path)
84.0	Left	0.0	Exit Bike Path on left, immediately after crossing bridge.
84.0	Right	0.6	Quivira Way
84.6	Right	0.0	Quivira Access
84.6	Left	0.7	Mission Bay Dr
85.3	Left	0.1	Gleason Rd, Enter Bonita Cove Park
<b>85.4</b>	<b>CONTROL #4</b>	0.1	<b>CONTROL: Bonita Cove Park</b> 1100 W. Mission Bay Dr. Mission Beach, CA (Open 11:02 Close 16:10)
85.5	Left	0.1	Use Crosswalk on Mission Bay Dr then head West
85.6	Right	1.3	Mission Blvd
86.9	Right	0.7	Pacific Beach Dr.
87.6	Left	0.4	Stay on Pacific Beach Dr
88.0	Left	0.5	Stay on Pacific Beach Dr
88.5	Straight	0.5	Straight on Bike Path, pass by Camp land on the Bay
89.0	Left	0.3	Rose Creek Trail
89.3	Left	0.2	Left thru fence opening to stay on Rose Creek Trail
89.5	Left	0.3	Underpass
89.8	Straight	0.3	Up Stairs, then use Cross walk, Straight across intersection to Damon Ave.
90.1	Left	2.0	Sante Fe St
92.1	Straight	1.1	Enter Rose Canyon Bike Path
93.2	Left	1.8	Exit Bike Path then Left onto Gilman Dr
95.0	Left	0.5	Scholars Dr
95.5	Left	0.1	La Jolla Shores Dr
95.6	Right	1.1	Torrey Pines Rd
96.7	Left	10.7	Torrey Pines Rd
107.4	Restroom	9.9	Restroom on left at Swami's State Park -optional
117.3	Straight	0.4	At the traffic circle, continue straight onto Carlsbad Blvd/State St
117.7	Left	0.1	Eaton St
117.8	Right	0.4	Broadway St
118.2	Left	0.1	Cassidy St
118.3	Right	1.8	Pacific St
120.1	Right	0.1	Mission Ave
120.2	Left	0.1	Cleveland St
<b>120.3</b>	<b>CONTROL #5</b>	0.4	<b>Pierview Market</b> or other establishment near 218 N Cleveland St, Oceanside (Open 12:42 - 19:54) Continue straight on Cleveland St
120.7	Left	3.3	Neptune Way enter San Luis Rey River Trail using side walk on right
124.0	Left	3.9	Keep left 3 underpasses
127.9	Right	0.1	Exit bike path before College Blvd, at Mance Buchanon Park

128.0	FINISH		FINISH: Mance Buchannon Park, 425 College Blvd, Oceanside, CA. (OPEN: 12:53 - 20:30)
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