

COMMUTE TO SDSU

Mile	Instruction	For
0	START: Albertsons, 151 Woodland Parkway San Marcos, CA. (OPEN: 00:00) Obtain proof of start from local business with time & date stamp. Exit Albertson's RIGHT on Woodland Pkwy.	0.1
0.1	L - E Mission Rd	3.1
3.2	L - N Las Posas Rd. Pass under Hwy. 78.	0.8
4	R - Linda Vista Dr	1.4
5.4	L - Poinsettia Ave	1.1
6.5	L - Business Park Dr	0.2
6.7	R - Palomar Airport Rd	2.3
9	L - El Camino Real	3.2
12.2	R - La Costa Ave	2.4
14.6	L - N Vulcan Ave	2.7
17.3	R - D St	0.1
17.4	L - S Coast Hwy 101	-
17.4	ENCINITAS CONTROL: 7-Eleven, 105 West D Street, Encinitas, CA. (OPEN:+00:56 - CLOSE+ 01:52) Obtain proof of passage from local business. EXIT control SB on Coast Hwy. 101. Hwy. B/C Camino Del Mar & finally N. Torrey Pines Rd.	12.8
30.3	R - To continue on N Torrey Pines Rd. Enter UCSD Campus. Road B/C La Jolla Village Dr.	1.7
32	BR - Gillman Dr. ramp. (<i>Steep downhill!</i>)	0.2
32.2	R - Gilman Dr	1.6
33.8	BR- After passing under I-5, BEAR RIGHT and enter marked Rose Canyon Bike Path at far sidewalk.	1.1
34.9	S - RCBP continues into Santa Fe St	2.2
37.1	L - At Garnet Ave., turn LEFT and follow sidewalk path. (<i>Watch possible traffic from left off-ramp.</i>)	0.1
37.2	L - On-ramp up to Morena Blvd.	0.1
37.3	R - Morena Blvd	3.2
40.5	L - Napa St	0.3
40.8	L - Friars Rd. (<i>Do not cross Trolley Tracks when turning!</i>)	1.5
42.3	R - Fashion Valley Rd	0.2
42.5	L - Riverwalk Dr	0.4
42.9	R - Avenida Del Rio	0.1
43	L - Camino De La Reina. Follow through Fashion Valley.	2.4
45.4	R - Mission City Pkwy. (<i>Turn after big tall glass building.</i>)	0.2
45.6	L - Camino Del Rio S. (<i>Use light-button as required</i>)	1.8
47.4	BL -Merge onto Montezuma Rd. (<i>Watch exiting traffic from left</i>) Cross over Fairmount Ave.	1.6
49	L - Enter SDSU Campus. Turn LEFT on Campanile Dr	-
49	R - Enter alley behind McDonald's	0.1
49.1	SDSU CONTROL: McDonald's, 5824 Montezuma Road San Diego, CA. (OPEN:+02:38 – CLOSE:+05:16) Obtain proof of passage from local business.	-
49.1	L - Reverse course. Leave McDonald's thru alley.	0.1

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49.2	L - Campanile Dr.	-
49.2	R - Montezuma Rd. (<i>Leaving SDSU Campus, fast downhill!!</i>)	1.7
50.9	BR - Fairmount Ave.	0.1
51	R - Enter short marked Bike Path. Comes out on Fairmount Ave near intersection.	0.4
51.4	L -Camino Del Rio N. (<i>Busy intersection. Wait for traffic to clear before entering left turn lane</i>)	0.5
51.9	R - Ward Rd	0.1
52	L - Rancho Mission Rd	0.2
52.2	BL - Pass under roadway above. Continue along left side of stadium parking lot bike path. Path continues onto Murphy Cyn. Rd.	3.8
56	L - Clairemont Mesa Blvd	0.1
56.1	R - Chesapeake Dr	0.5
56.6	R - Ruffin Rd. B/C Kearney Villa Rd. & finally Black Mtn. Road	10.8
67.4	R - Carmel Valley Rd	1.9
69.3	L - Dove Canyon Road	1.4
70.7	R - Rancho Bernardo Rd	1.2
71.9	L - Matinal Rd	1
72.9	L - W Bernardo Dr. (<i>Use light-button as required to turn</i>)	1.5
74.4	L - At stoplight. (RB Comm. Park driveway) Enter Bike Path far side northward toward Lake Hodges.	0.5
74.9	L - Lake Hodges Bicycle Pedestrian Bridge	0.2
75.1	R - Bike Path (<i>Follow under I-5</i>)	1
76.1	L - Sunset Dr. (<i>Exit Bike Path</i>)	0.2
76.3	R - Bear Valley Pkwy	0.3
76.6	L - Beethoven Dr	0.5
77.1	R - At top of hill, enter marked Bike Path. Cross bridge.	0.2
77.3	R - El Ku Ave (<i>End of Bike Path</i>) Road B/C Escondido Ave.	1.1
78.4	L - W Citracado Pkwy. (Light button or car triggers green light)	0.7
79.1	S - Pass under I-5. Road B/C Gamble Ln	0.7
80.1	S - Pass under/over vehicle gate.	0.1
80.2	R - Scenic Trail Way	0.1
80.3	L - Citracado Parkway	0.9
81.2	R - Avenida Del Diablo	0.2
81.4	L - S Hale Ave	0.4
81.8	L - Harmony Grove Rd	0.3
82.1	L -Continue on Harmony Grove Rd	0.4
82.5	S - Road B/C Kauana Loa Dr	0.6
83.1	R - Country Club Dr	0.8
83.9	L - Progress Pl. (<i>Enter Commercial area</i>)	0.1
84	R - Corporate Dr	0.3
84.3	L - Meyers Ave	0.2
84.5	L - Barham Dr	0.9
85.4	R - Woodland Pkwy. (<i>Narrow tunnel!</i>)	0.1
85.5	R - Enter Albertson's parking lot.	0.1
85.6	FINISH: Albertsons, 151 Woodland Parkway San Marcos, CA. (OPEN:+04:34 - CLOSE:+09:08) Obtain proof of finish from local business with time & date stamp.	-

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R – Right	BR – Bear Right	S – Straight
L – Left	BL – Bear Left	B/c - Becomes

NOTE:

Simplified commuter route from San Marcos to San Diego State University. Outbound route takes the coastal cruise along the Pacific Ocean. Return route goes inland past football stadium and Lake Hodges.

Ride report or informational video of this route is available on the San Diego Randonneurs website: <http://www.sandiegorandonneurs.com>

Good Riding,
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